

# HOW GREAT THOU ART

2017-11-18

- 2017-1118-001 Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. Child of Light, divine, from before time began.
- 2017-1118-002 I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy of reunion. Great joy to be able to look through the eyes of my beloved friend and teacher and behold the radiance of you; to behold your beauty.
- 2017-1118-003 All of you are most beautiful. You put together the physicality that is...I think they say for males, handsome, and beautiful for women. You are radiant. And when you have the smile on the face, the radiance goes out even farther. When you get to the place where there is the belly laugh, aha, there is no measuring how far the Light goes. Because truly you are that Light always and forever, going into what you feel the physical universe to be. You are alive. You are alert. You are the radiance of a thousand sunrises. You have that on one of your coffee mugs, I believe; and you are; of a thousand sunrises. That is how great you are.
- 2017-1118-004 You have a hymn...now, again, your language is so wonderful. Why do you call a piece of music a hymn? Do you have hers as well? (Tim: Ben does) Ben does, yes; Ben Hur. Okay, smart aleck. You should change your name to Alex; yes, you are definitely smart.
- 2017-1118-005 Anyway, you have a most wondrous piece of music that was written some time ago entitled, "How Great Thou Art". It is a very rousing piece of music that allows the energy of all of the chakras to come up higher as you allow yourself to get into it and to feel the energy of the musical tones; to get into that space of knowing the grandeur that truly you have made.
- 2017-1118-006 So when you have a chance to listen to that piece of music, allow the feeling of the whole soul and body to come into alignment with the tones of the music. Take for yourself not the understanding that "How Great Thou Art" is referring to some God out there somewhere, as the piece of music was originally written, but to know how great you are, to know that everything that you behold, everything that you feel, everything that you acknowledge to be in your realm of understanding, you have put there, you have created it. Even ideas that you don't know, you have not experienced physically perhaps but you can imagine how they would be, know that truly you are the one creating that which you are extolling and saying how great it is.

- 2017-1118-007 So whenever you hear that piece of music again, "How Great Thou Art", know that you are the God to whom this piece of music is being written and sung. See how it feels to immerse yourself into how great you are, because you are.  
[https://www.youtube.com/watch?v=sWjob\\_9jj4A](https://www.youtube.com/watch?v=sWjob_9jj4A)
- 2017-1118-008 Everything that you behold, you are creating moment by moment, as when you look out and see the sunrise—those of you who are still following the five minutes of going out of doors with bare feet, five minutes by the time clock—when you behold the sunrise, or in the evening as you behold the sun going down and leaving for a while, and you are knowing, trusting, and creating that it is going to come back again, which it does. It might be a bit cloudy, might be a bit rainy. Sometimes you get the white stuff coming down. You had that two weeks ago, the white stuff.
- 2017-1118-009 You are creating it. If you wanted to, you could change it in an instant, and it would be dry pavement. Some of you have done this. Some of you...I make a jest here, but some of you have moved to what is known as the blue hole here in the area of Seequim. Now, I know you don't pronounce it that way. Ones who live at far distance call it Seequim. In this place of Sequim, place of quiet waters, you have the mountains that oftentimes will reach up to the heavens first and get the precipitation.
- 2017-1118-010 So you have more of the creative dry pavement. It is a collective belief with ones living within a certain radius. Have you thought about that? You go a few miles up the mountain where this beautiful lady lives, and she gets a lot of the white stuff coming down. She gets the liquid snow from time to time known as rain. Then she comes down off of the most beautiful mountain—green in the summer, white in the winter—and finds that it is dry down here. Okay, surprise. It is almost like traveling to another country, right?
- 2017-1118-011 You are that creative. You put it out there for yourself to enjoy, and other ones may enjoy or they may grumble a bit if they have to shovel the white stuff. You don't get too much of that here though. The gray beards were telling me that there used to be more of the white precipitation. It will come again. Your precipitation goes in cycles. Sometimes you have more precipitation, and those of you who have what I have termed the gray beards remember your childhood when the snow was as tall as you. You could make snow tunnels, and you could have adventures in the snow tunnels, especially if it was cold enough that it wasn't melting on top of you.
- 2017-1118-012 You create everything that you experience. Call it all good. See for yourself; really feel for yourself how great you are, because you are.
- 2017-1118-013 I want to speak with you this evening about the nature of being. You are collecting to yourself the molecules of physicality to have an experience in a physical world, and you have asked others if they want to join you to have an

adventure for a certain number of years. So there is a pattern that you have adopted generally on holy Mother Earth that when you come into being in this physicality, you are going to be of a certain small size that your mother can handle. Then as the years accumulate, you are going to grow taller, and then eventually you are going to grow wider; if it happens. I have seen.

- 2017-1118-014 For me, did I experience that? Well, I didn't to a certain number of years, but I can imagine what that would be. And I will share with you that which I have told you some other times, the lifetime that I had as one Yeshu'a—bless me, okay. I have seen this, okay—Yeshu'a—old joke. I had the physique not quite as robust as my cousin John, known as the Baptist. He had a more solid physique. I had more of the athletic, I will call it, and I enjoyed walking. I enjoyed the physicality.
- 2017-1118-015 I enjoyed everything about physical life. And I did not take it into what you would see to be middle age, the middle years; not in that lifetime. But as I have shared with you other times, I have had other lifetimes, not so famous, on holy Mother Earth, so that I know that which you experience. I know how good physical life is. But physical life is not all that you have ever had and not all that you will ever have.
- 2017-1118-016 Some of you are saying, “Well, that’s a good thing, because, you know, I’d like to go with more ease. I would like to go flying as the bird,” which you have done, “or as the race horse that could not be held back, had to go with the wind. I would like to know how to be truly free.”
- 2017-1118-017 You have experienced physicality in all forms on holy Mother Earth. That is why many of you come into a knowing of wanting to save the so-called animals. Those of you who have the tender heart and do not want any animal form to suffer have a rising consciousness right now of ones saying, “It is not right to make the animals suffer. It is not right to take from them their physicality.” Now, in truth, you do not take it from them. They give it to you, the same as we have spoken about the fellow human being. One does not give up the body—die, in other words—except by choice.
- 2017-1118-018 Now, sometimes—and we have spoken of this previously—sometimes the evidence seems very strong that the body is going to be destroyed, and therefore you must give it up. But you also have the example of two of your combatants, side by side, both of them being hit by artillery. One will decrease the body, and the other does not. They have both been injured mortally, as it would be seen, and yet one survives and the other does not. It is always a choice.
- 2017-1118-019 Now, I know that there are sometimes when it looks like a choiceless choice; in other words, what do you mean? “I have holes all through me; therefore, I do not see how I would be saving the physicality,” and yet it is done. You have evidence of it, especially now when you have instant news to hear about what is going on in

far reaches of the country and of holy Mother Earth. You hear of the drama of ones having holes piercing the body. Some will survive, and for others, it is their ticket to exit. It is always a choice.

- 2017-1118-020 But when ones deacease the body, they may be complete with physicality or they may not. They might do what you have done and reincarnate because it has been such fun or because there is something left that you have not experienced, and you want to come back and see, "How would it be if I lived to quite an age of the gray beard and still had the feelings of the youth? How would it feel? How would it feel to be able to have the certain technique done where now I see far distance in clarity?" You have to adjust a bit. All of you have experienced the changes that go on with the body.
- 2017-1118-021 Now, having said that, the physicality that you know so well that you have learned to master, to stand on two feet and balance self, is not the only existence. Before you came to holy Mother Earth, you knew life on another planet, many other planets, in truth. Where do you think the ideas for your science fiction come from?
- 2017-1118-022 In the last quarter century you have had very popular dramatizations called your star adventures, Star Trek, star adventure. Where do these ideas come from? From the memory bank of you and your fellow human beings. You have known life on other planets.
- 2017-1118-023 Many of you have known life on the planet called Maldek, and we have talked of this, how science was the God of that planet, and it was taken to such an extreme that the planet could not hold the energy that was being created, and it blew itself apart, so that you have ones who have reincarnated and come back to live on holy Mother Earth some long, long ages now who are very cognizant of, "Let us not take the inventions and the creativity quite so far in that direction to the place where we would explode the planet into asteroids once again."
- 2017-1118-024 So when you get quite close and there is someone speaking that perhaps they will go to the brink, you say, "No, we've done that. We've gone to the brink, and we've gone over the brink. We do not need to repeat. We do not need to do it again." But you have that that comes up for you from time to time. What if...and you know the feeling, because you were there. So you say, "Okay, enough, I'm not going there again."
- 2017-1118-025 You have known lifetimes where the adventure was not so physical, where you floated on energy, just because you could do it. Those that you know who are of the very light balance of feet who are the ballet dancers, the dancers remember the lifetimes when the feet did not even need to touch the physicality of the surface, when there was a knowing.

- 2017-1118-026 You have had in your history the accounts of ones who walked three feet off of the surface of holy Mother Earth, because they remembered that it could be done. So they did, until brother/sister looked at them and said, "What are you doing walking up there? The surface is down here." You have examples of that in your histories.
- 2017-1118-027 You have known so many different ways of being. Some of these ideas are portrayed in your "fiction". Some of the ideas seem far-fetched. How could they be? How could they still be a physical being? How could something happen like that? And yet to the creative One—capital "O"—all things are possible. Everything you can imagine, you can do or have done.
- 2017-1118-028 You have recently an example of a twelve-year-old girl who knows music. She hears music. It is her language, the language of music. She hears it in her head, and it is as natural to her as speaking. All of you, as you are the small ones, you have to learn what certain tones are, what certain inflections of saying, what meaning it will bring to you. You go to ask a question, you have a certain inflection. Is that not true? Of course.
- 2017-1118-029 For her the language is music. She knows it very well. The same was true with one that you have called Mozart, your composers who would live in the realm of music all of the time. There was music always playing in the head. Some of you in this day and time are like that. You feel not only the background of the music, but for some it is the foreground, and it is as natural as breathing. It is a language of being.
- 2017-1118-030 In truth, what you use here in this day and time, in this physicality, is quite unrefined. It is quite bombastic. A lot of your language is not free-flowing as music, but it is what has been agreed upon that you would understand. So as the small one you learn, and if you go off track, you hear about it. Ones will correct you. And if you happen to come out with sayings that are not approved, you find out about that quite quickly, so that you learn a common language of sound.
- 2017-1118-031 Now, we have spoken in recent times about mind to mind communication, and you do this even now. It is not the agreed upon universal, where ones will say, "Well, I 'm not speaking French, I'm not speaking Spanish, I'm not speaking Polish, I'm not speaking English, I'm not speaking German; I don't have to. I am speaking ideas."
- 2017-1118-032 You have ones of the brothers and sisters who do this, who speak ideas mind to mind. You do this even in your daily life, where you will be thinking something, and especially your four-footed ones pick up on what you are thinking, and they will say, "Oh, dinner time; oh, good." And sometimes you say, "Now, look. We have another half hour before dinner time. I was just thinking what I might fix for dinner, but I'm not doing it for another half hour." And they say, "Half hour? No."

And they do not agree that they want to wait another half hour. And sometimes they think that you are very dense, because they are sending you a message and you don't seem to be receiving or acting upon it.

- 2017-1118-033 Therefore, allow yourself...getting back to the first idea, the first item of this evening, how great thou art, everything that you want to be creative about, every idea that you can entertain, and I mean that quite literally, entertain, it is because you are the extension of the one creative Principle. That is who and what you are from before time began.
- 2017-1118-034 I am going to get something for the throat. Pardon. My beloved friend and teacher has been speaking quite a bit in the last week or so. There, much better. Know you how creative you are in making water? Your scientists have looked at water and said, "Well, it is two little molecules of hydrogen and one of oxygen. You put this together in a certain miraculous way, and you get wet."
- 2017-1118-035 You are creative; not only being creative in a way of not thinking about it, being automatic about it, but then you have your scientists who turn around and say, "Well, okay, water has certain properties. It has weight. It is wet. It quenches the thirst; very good for that." And then they want to know, how is it made up in the language that they understand, so they come up and say, "Well, we have two molecules of hydrogen and one of oxygen, and you put them together, and if you get enough of these, you can take a shower bath. Or if you want to, you go out on a rainy morning and stand in the rain and you get a free shower."
- 2017-1118-036 You are at a most wondrous place right now in your consciousness. Those of you who are in this room, having accepted the invitation for this evening, and those of you who are within the sound of my voice and those who are reading the message, you are at the place where part of you is asking to know more, wants to know why.
- 2017-1118-037 You are at that magical age of asking why, how, what's next, what has been? You are at that magical age of questioning, wanting to understand more of the experience of life, the experience of creating. You are on the cusp of awakening to how great, how wondrous you are, coming alive; not just trudging one foot in front of the other through a lifetime; you've done that over and over. Not just going forward, but wanting to know, "Why am I going forward? How am I going forward? What is there to discover? What more can I know? What more can I feel? What more can I imagine? What more can I write about? What more can I allow myself to open to?"
- 2017-1118-038 When you hear that piece of music, allow the eyes to be closed and to feel yourself enveloped in tones, vibration of sound, and then go farther with it. Go to the place where there is a feeling of non-physicality, where you are the music, because that is how great you are. You move out of the physicality that is so



dense and into the light body, into the expansiveness of One—capital “O”—of One, knowing that truly, “I am alive. Good heavens, yes. I woke up. Yes, I am waking up. Yes, I am feeling. Yes, from mind to mind.”

- 2017-1118-039 You practice this with the four-footed ones. They will give you feedback very fast. They are very good at picking up as to what you are thinking. Sometimes they are not happy about it, and they will let you know. Have a conversation with them—which you have done already—that does not use words, does not have to use tone, only an idea, a picture idea. They will pick up on it, and they may like it or they may not, and they will let you know.
- 2017-1118-040 Do this with your human counterparts. Send them a message; not in words, but in a picture. See how long it takes them to pick up on it. Some will pick up on it right away. You have seen this. Other ones, choof, over the head. No, it does not register. That’s okay too. Play with it, knowing all the while that the basic premise from which all of this stems is how great you are; how great to get into that feeling that truly, “I am the I Am. I Am One with everything.”
- 2017-1118-041 You will find yourself transported. Don’t worry; the feet will always tell you where you are. If you have any question as to, “How do I get back? What is real?” Look to the feet. The feet will always tell you where you are. But allow yourself to be the balloon, knowing that truly the string on the balloon will come right back to the toe; it will bring you back. So you do not have to worry that, “Oh, I’m going to get out there in outer space somewhere and I won’t ever get back.” Yes, you will. The feet will bring you back. But meantime you have an experience of being unlimited. You have an experience of being lifted up into a state of exhilaration, higher vibration.
- 2017-1118-042 You begin to feel that it does not matter how many years you have garnered to yourself. It does not matter that the foot hurts or that the head hurts or any part of the body is screaming at you. In that instant it will not matter. You are as young as the springtime, anytime. As long as you draw breath, you are as young as the springtime. You can do anything.
- 2017-1118-043 And you can, yes. Not only that, but when you get fired up, it is contagious. All of you are sparks of the divine. All of you are contagious to other ones, for when you get lifted up, you draw all men unto you, and women as well. You draw the vibration of ones to you, because you are lifted up into that high state of knowing, “I Am. I am all that I have thought myself to be and much more.” And you feel it.
- 2017-1118-044 Not only do you think it, but you feel it, and you get amplified. Your energy can be measured; it grows. It is contagious, and it will lift all of the brethren and sistereen—strange word—unto you, to that place of high exaltation. Yes, it is a

strange word; I'm not quite sure it's a good one. Oh, well, it's definitive; it defines things.

- 2017-1118-045 And the reverse of it is true. If you feel down and you really feel that life is not worth living, that can be contagious as well. So watch well your own vibrations. And you do this; I have seen you do this. I have seen you get into a certain place where, "Oh, my goodness, this will not do; it just won't do." And there's the energy that's swirling around. Then you take the deep breath and say, "Okay, this can be different." And then you come back Home again. You come back to that peaceful place within you. Then the next moment you may have opportunity to go back into the spinning, but perhaps not for too long.
- 2017-1118-046 I have seen all of you do this. You have much energy, all of you, and there are times when you get a bit ticked off about something and the energy of the body can go in a certain direction, because it's not right. Then you bring it back, because you know how to bring it back now. You have learned. Through trial and error, you have bumped your head up against the wall a few times. You have done a certain thing with the body, and the body has said, "I don't like being twisted in all those different positions," and you get the back ache, the side ache, the head ache.
- 2017-1118-047 You know; you have been there. But then you let it go and you put a smile on the face and say, "I know it's getting better. Whether I see it or not right now, I know that it's getting better," and it does. Strange how that works. You are miracle workers. How great you are.
- 2017-1118-048 Allow yourself to feel exhilarated. It is a great feeling, and it is a true feeling. Allow yourself to feel transported to a higher plane, because you can. You can live from a higher plane of love, a vibration that says, "Life is good."
- 2017-1118-049 If you get to a certain place where you are watching society passing by, allow yourself to see them as little sparks of light. Perhaps sparks is not the right word; something like "illuminated" is better. Sparks makes you think perhaps there's been some friction; of course, you see that too. But see the illumination of ones and how truly great they are, because they are creating whatever they are "suffering" through. They are creating.
- 2017-1118-050 (Addressing the cat) Did someone call you? You think it is time for a break? Perhaps there might be...[chit chat and laughter] Well, the four-footed one has spoken. It is perhaps time for a break. Yes, I understand.
- 2017-1118-051 Therefore, beloved ones, feel how great you are. Know that truly your energy is unbounded. Your energy is to be used in a way that allows you to know the



expansion of the awakening, the awakening into that place of truly knowing that which you are. You are love on two feet or four, as the case may be. So be it